

## Sara M. Hegerty, M.A.

### EDUCATION

**Ph.D. Candidate** Marquette University, Milwaukee, WI  
August 2010  
Counseling Psychology  
APA-Accredited Program

**Master of Arts** Marquette University, Milwaukee, WI  
August 2003  
Community Counseling

**Bachelor of Arts** Marquette University, Milwaukee, WI  
May 2000  
Psychology

### HONORS / AWARDS

2008 Marquette University Arthur J. Schmitt Fellowship (2008-2009)

2007 Early Career Investigator Poster Award, APA Divisions 28, 50 and NIDA

### EMPLOYMENT

**NEAS, Inc.** Nov 2003 – Aug 2006  
N17 W24100 Riverwood Dr. Supervisor: David Goehner, MSW, LCSW, CEAP  
Suite 300  
Waukesha, WI 53188

Position: Employee Assistance Program Counselor – Level II

Responsibilities: Full-time position, working with clients nationwide via telephone and internet. Primary duties included phone-based brief counseling, crisis management (e.g. following bank robberies, during Hurricane Katrina), work/life assistance, case management of mandatory employer referrals, and coordination of services with in-person EAP providers. Also responsible for mentoring and training new counselors and developing didactic programming for staff members. Service Hours (telephone): 4,000

**Willowglen Academy-North** Aug 2000 – Nov 2000  
W1236 County Hwy FF Supervisor: Shelly Milbrath  
Sheboygan, WI 53083

Position: Resident Assistant

Responsibilities: Supervised eight residents (ages 18-21) at a community-based residential facility and assisted with daily living skills, behavior management, and socialization skills. Participated in monthly staff meetings with social workers to evaluate residents' progress and develop new treatment goals. Occasionally supervised younger group home residents (ages 8-12). Direct Service Hours: 700

**FORMAL CLINICAL TRAINING****Cherokee Health Systems**

2018 Western Ave.  
Knoxville, TN 37921

July 2009 – July 2010

Director of Training: Parinda Khatri, Ph.D.

Position: Psychology Intern

Description: APA-accredited internship in a community health setting, including training in integrated primary behavioral care, traditional outpatient mental health care, and psychosocial rehabilitation.

**Medical College of Wisconsin Clinics  
at Froedtert Hospital**

9200 W. Wisconsin Ave.  
Milwaukee, WI 53226

July 2007 – July 2008

Supervisor: Rebecca C. Anderson, Ph.D.

Position: Doctoral Practicum Student

Responsibilities: Conducted pre-transplant psychological evaluations (primarily liver and kidney) for patients ranging in age from 19 – 64, and wrote comprehensive reports incorporating assessment data (MCMI-III, MBMD, MBHI, BSI, SA-45, AUDIT). Provided brief and long-term psychotherapy for pre- and post-transplant patients presenting with mood/anxiety disorders, personality disorders, substance abuse, and adjustment disorders. Used a combination of cognitive-behavioral, psychodynamic, and biofeedback interventions. Utilized relapse prevention and motivational enhancement strategies for pre- and post-liver transplant patients diagnosed with substance use disorders. Conducted bedside evaluations and supportive therapy as needed. Occasionally worked with patients with other health conditions or presenting concerns (e.g. breast cancer; pre-lung transplant; weight management; determination of competency to make health care decisions).

Total Hours: 449

Direct Service: 164

Supervision: 88

Support/Administrative: 197

**7Cs Community Counseling Clinic**

(Formerly located within the Guest House of Milwaukee)

May 2006 – June 2007

Supervisors: Lynn Catlin, Ph.D.; Todd C. Campbell, Ph.D.; Terry Young, Psy.D.

Position: Doctoral Practicum Student

Responsibilities: Provided individual and group psychotherapy for homeless adult male clients with substance use and co-occurring disorders. Utilized relapse prevention and motivational interviewing approaches, but also incorporated interpersonal process, psychodynamic, and cognitive-behavioral techniques. Coordinated with case managers to secure continuation of county funding for eligible clients. Conducted psychological assessments for clients referred from within the shelter and from the Red Cross for various purposes (e.g. disability determination, qualification for social service programs, developing treatment recommendations). Assessment instruments included the WAIS-III, WRAT-4, MCMI-III, MMPI-II, Cognistat, WMS-III, Rey Complex Figure Test, Rey Auditory Verbal Learning Test, and Continuous Performance Test. Wrote integrated reports under the supervision of licensed psychologist/

neuropsychologist. Facilitated a peer supervision group for master's level counselors and provided supervised individual supervision to a master's student.

Total Hours: 1,000      Direct Service: 405      Supervision: 106      Support/Administrative: 490

**The Counseling Center of Milwaukee**

2038 N. Bartlett Ave.  
Milwaukee, WI 53202

Jan 2004 – Jan 2005

Supervisor: Tim Baack, M.S., LPC

Position: Extern Therapist / Post-Master's Clinical Trainee

Responsibilities: Provided brief and long-term psychotherapy for adult clients at a non-profit community mental health center. Responsible for intake, DSM-IV diagnosis, and treatment planning. Worked with clients presenting with adjustment disorders, relationship issues, family of origin issues, anxiety/mood disorders, and personality disorders. Received live supervision behind a one-way mirror.

Total Hours: 150      Direct Service: 57      Supervision: 56      Support/Administrative: 37

**The Counseling Center of Milwaukee**

2038 N. Bartlett Ave.  
Milwaukee, WI 53202

Aug 2002 – May 2003

Supervisor: Cathy Arney, MSW, LCSW, LMFT

Position: Intern Therapist / Master's Level Practicum Student

Responsibilities: Provided both long-term and brief therapy for adolescent and adult clients at a community mental health center. Responsible for all aspects of care, from initial intake and negotiation of fees to diagnosis, treatment planning, and discharge. Worked with clients presenting with mood disorders, personality disorders, LGBT issues, marital issues, and adjustment disorders. Developed and initiated a women's self-esteem group. Received live supervision behind a one-way mirror.

Total Hours: 755      Direct Service: 156      Supervision: 127      Support/Administrative: 472

**Pathfinders**

1614 E. Kane Place  
Milwaukee, WI 53202

Sept 2001 – April 2002

Supervisor: Brian Flynn

Position: Youth Mentor / Master's Level Service Learning Fieldwork

Responsibilities: Mentored an adolescent client through an agency that provided services for runaway youth and adolescents with a variety of mental health concerns. Planned weekly social outings and provided support in coordination with client's therapist.

Direct Service Hours: 75

## PROFESSIONAL AFFILIATIONS AND LEADERSHIP ROLES

**American Psychological Association** (2005 – present) – Student Affiliate of the following divisions:

2 (Teaching of Psychology)	38 (Health Psychology)
17 (Counseling Psychology)	40 (Clinical Neuropsychology)
27 (Community Psychology)	50 (Addictions)

**Student Affiliates of Seventeen** (2005 – 2007) – Served as newsletter co-editor and program representative for the student affiliate group of APA Division 17, The Society of Counseling Psychology.

**COEP Graduate Student Organization** (2002-2003; 2005-2006) – Served as Treasurer of the graduate student organization for the Department of Counseling & Educational Psychology at Marquette University. Co-chaired the Diversity Scholarship Committee, which coordinates the annual awarding of scholarships to graduate students of color.

## TEACHING

<b>Marquette University</b>	Aug 2007 – present
Department of Counseling & Educational Psychology	<u>Supervisor:</u> Todd C. Campbell, Ph.D.
Lecturer	

Courses:

Introduction to Counseling (1 semester) ; Lifespan Human Development (2 semesters);  
Psychopathology (1 semester)

<b>Marquette University</b>	Aug 2006 – May 2008
College of Education	<u>Supervisors:</u> Lauren Leslie, Ph.D.;
Teacher Education Program	Kathleen Cepelka, Ph.D.
Lecturer	

Course:

Child and Adolescent Development in a Diverse Society (3 semesters and 1 web-based course)

## RESEARCH

<b>Marquette University &amp; Guest House of Milwaukee</b>	Sept 2007 – June 2009
Primary Investigator	<u>Dissertation Chair:</u> Todd C. Campbell, Ph.D.

Project Title: *Neuropsychological Functioning of Men Residing in a Homeless Shelter*

Dissertation research examining the functioning of homeless men in the domains of attention, memory, language, motor-sensory abilities, and executive functioning. Duties include recruitment, data collection, training research assistants to administer tests, and scoring and interpreting test batteries. Dissertation defended June 2009.

**Marquette University**  
Graduate Research Assistant

Jan 2006 – May 2008  
Supervisor: Todd C. Campbell, Ph.D.

Project Title: *Significant Others in MET for Alcohol Use Disorders* (NIAAA R03 grant - Todd C. Campbell)  
Conducted a qualitative research project examining therapists' experiences working with significant others in substance abuse treatment for Projects MATCH and COMBINE. Responsible for nationwide recruitment of participants, developing interview protocol, conducting interviews, analyzing qualitative data, and writing the final manuscript. Also assisted with initial development of the intervention treatment manual for this ongoing study.

**Marquette University &  
Guest House of Milwaukee**  
Co-Investigator/Project Coordinator

Oct 2005 – Oct 2007  
Supervisor: Todd C. Campbell, Ph.D.

Project Title: *Barriers to Help-Seeking Among Homeless Men*  
Department-required collaborative research project exploring barriers to help-seeking perceived by homeless men. Responsible for literature review, designing qualitative research methodology, conducting interviews and focus groups, analyzing data, and writing final manuscript.

**Center for Addiction and Behavioral  
Health Research, Milwaukee, WI**  
Volunteer Research Assistant

Jan 2004 – Aug 2004  
Supervisor: Michael Brondino, Ph.D.

Project: Data analysis for a smoking cessation study conducted by Cheryl Gore-Felton, Ph.D.  
Assisted with data analysis using SPSS and SAS and co-authored an unpublished manuscript

### **PROFESSIONAL PRESENTATIONS**

Hegerty, S. M., Dolan, J., Campbell, T. C., & Meyer, H. L. (2008, August). Barriers to help-seeking among homeless men: A qualitative study. Poster session presented at the annual meeting of the American Psychological Association, Boston, MA.

Hegerty, S. M., Mayor, R. C., & Campbell, T. C. (2007, August). Supportive significant others in motivational enhancement therapy: Clinicians' perspectives. Poster session presented at the annual meeting of the American Psychological Association, San Francisco, CA. (Divisions 28, 50, NIDA/NIAAA Poster Award)

Hegerty, S. M. (2007, August). The 7Cs Community Counseling Clinic training model. In T. C. Campbell (Chair), Graduate training finds a home in a homeless shelter. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco, CA.

### **PROFESSIONAL DEVELOPMENT**

**Motivational Interviewing Training**

May 2006  
The Family Institute  
Northwestern University, Evanston, IL

**REFERENCES**—Available Upon Request